PANEL OF CONSULTANTS

Panel of Consultants is the oldest and most respected medical panel provider in Washington. Our board-certified physicians represent a wide range of medical and surgical specialties. Their relationship is with Panel of Consultants, **NOT** the referring company, employer, insurer, third party administrator, or legal representative.

The examination in our offices is for evaluative purposes <u>only</u>, to address specific injuries or conditions. Our physicians are unable, by statute, to address questions regarding your claim, your current condition, or their findings. While you will be able to obtain their report through your claim administrator, we strongly urge you to review our report with your attending physician.

Your evaluation today is NOT a substitute for a general medical examination or a visit with your attending physician.

In order to assist the physicians in the evaluation of your injury, please provide the following information:

| Name: | | |
|--|---|--|
| Last | First | Middle |
| Birthdate:/Age | :: Claim Number(s): | |
| Current Address: | | |
| City: | State: | Zip Code: |
| Home phone: | Cell Phone: _ | |
| Email Address: | | |
| | ☐ Domestic Partnership ☐ Separated | _ |
| Have you been married more than one | time? Yes No If yes, how many | times: |
| Do you have any dependent children? | Yes No Please list their gender(s | s) and age(s): |
| Other names your medical records ma | y appear under: | |
| Military Service: Branch: | Years: Type | e of Discharge: |
| Rank at Discharge: | | _ Do you have a service related disability? |
| If yes, please describe: | | |
| Are you receiving compensation for o | ther injuries or disabilities (i.e., Social S | ecurity Disability)? Yes No |
| If yes, please explain: | | |
| Education: List highest education level | and/or degrees attained (Example: 3 ye | ears High School or High School Diploma): |
| Vocational Training (Special Training, A | Apprenticeships, Certifications): | |
| Please give a short description of the i | injury or onset of the condition we are | reviewing today: |
| Part(s) of the body injured: | | |

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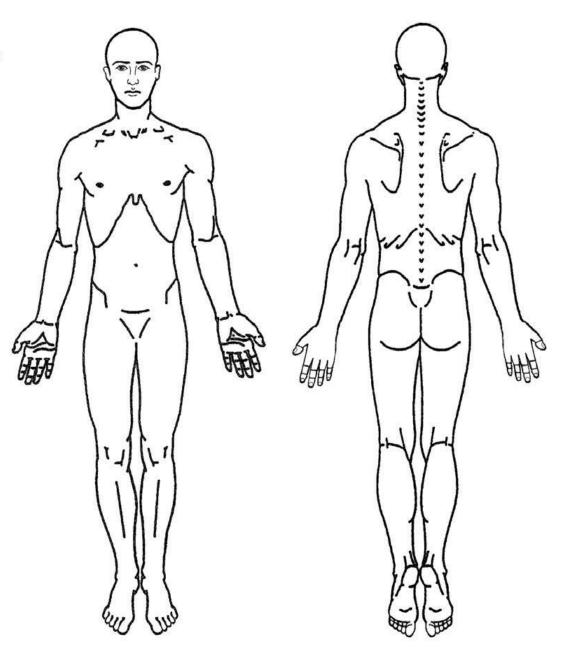
| What is your major problem/chief complaint today? |
|---|
| Briefly describe the treatment you have received for the injury/condition: |
| Are you currently receiving treatment? Yes No If yes, please describe: |
| Were there any prior injuries to this/these area(s)? |
| List ALL medications you are currently taking, including supplements, AND DOSAGE: |
| Name of physician(s) treating your injury: |
| List any family medical problems: |
| Describe ALL previous injuries or major illnesses you have had: |
| Please list any surgeries you have had: |
| Review of Systems: Please indicate with a check mark in the box if you have had any of the following procedures or conditions, or problems with the any of the listed organ systems: |
| ☐ Allergies ☐ Arthritis ☐ Asthma ☐ Blood Pressure ☐ Cancer ☐ CRPS/RSD ☐ Depression ☐ Diabetes ☐ Heart ☐ Headache ☐ Hepatitis ☐ Kidney ☐ Liver ☐ Lungs ☐ Osteoporosis ☐ PTSD ☐ Seizures ☐ Sexual Function ☐ Skin Condition ☐ Ulcer(s) ☐ Surgeries ☐ (other) Injuries ☐ Other Conditions not listed |
| Please explain, including the approximate date(s): |
| Are you Right Handed Or Left Handed? Height: |
| [Office Use Only] DO YOU: |
| Use tobacco? Yes No Frequency: per Consume alcohol? Yes No Frequency: per per |
| Exercise regularly? Yes No Have hobbies? Yes No Describe: |
| Use recreational drugs, including cannabis? |
| Drink caffeinated beverages? Yes No Frequency:per |

ON THE MODEL, INDICATE YOUR **CURRENT STATUS** WITH THE FOLLOWING SYMBOLS:

XXXXXX TO MARK THE SITE OF YOUR INJURY

+++++++ TO MARK LOSS OF FEELING

00000000 TO MARK LOCATION OF PAIN



OCCUPATIONAL DISEASE & EMPLOYMENT HISTORY (CONTINUATION) Name (please print) Page of This is a continuation sheet. You must complete the first page of this form. If additional space is needed you may make copies of this form. Please continue with your most RECENT job and work BACKWARDS Employer's business name Your job title From (mo/yr) To (mo/yr) **Employment** Dates: Employer's address Employer's phone number ZIP+4 City State How many hours per week did you perform the activity you believe caused your symptoms? Describe the job duties, tool use or repetitive activities done on a regular basis. Include approximately how much time per day you spent doing each activity From (mo/yr) To (mo/yr) Indicate any break or interruption in your work history during this job or between this job and the next. Reason for interruption: Employer's business name Your job title From (mo/yr) To (mo/yr) **Employment** Dates: Employer's address Employer's phone number ZIP+4 City State How many hours per week did you perform the activity you believe caused your symptoms? Describe the job duties, tool use or repetitive activities done on a regular basis. Include approximately how much time per day you spent doing each activity From (mo/yr) To (mo/yr) Indicate any break or interruption in your work history during this job or between this job and the next. Reason for interruption: Employer's business name Your job title From (mo/yr) To (mo/yr) **Employment** Dates: Employer's address Employer's phone number ZIP+4 How many hours per week did you perform the activity you believe caused your symptoms? hours Describe the job duties, tool use or repetitive activities done on a regular basis. Include approximately how much time per day you spent doing each activity From (mo/yr) To (mo/yr) Indicate any break or interruption in your work history during this job or between this job and the next. Reason for interruption: Employer's business name Your job title From (mo/yr) To (mo/yr) **Employment** Dates: Employer's address Employer's phone number ZIP+4 City State How many hours per week did you perform the activity you believe caused your symptoms? Describe the job duties, tool use or repetitive activities done on a regular basis. Include approximately how much time per day you spent doing each From (mo/yr) To (mo/yr) Indicate any break or interruption in your work history during this job or between this job and the next.

Dept of Labor and Industries PO Box 44291 Olympia WA 98504-4291

Reason for interruption:

I certify that the information is true and correct to the best of my knowledge.

Signature:

Date:

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CENTRAL SEATTLE · EVERETT · TACOMA

Authorization for Release of Healthcare Information

| I hereby authorize use and disclosure of my health information as described below. | | | |
|--|--|--|--|
| Patien | t Name:DOB: | | |
| inforn aftert provid labora and tr | fic description of information be disclosed: All healthcare and other patient nation <u>related to my industrial injury claim</u> , both predating and within 90 days the date of this authorization, including, but not limited to, any health history I de, and all examination findings and testing results, including x-ray and atory reports. This expressly includes information regarding testing, diagnosis, teatment for mental health, drug/alcohol use, HIV/AIDS, and sexually mitted diseases. | | |
| The a | bove information may be disclosed to: | | |
| | Panel of Consultants (Central Seattle · Everett · Tacoma) 411 12 th Avenue, Suite 300 Seattle, Washington 98122-5523 Phone: (206) 622-2305 Fax: 206-343-9364 | | |
| | bove information may be used for evaluating the undersigned patient's es or conditions. | | |
| This a | authorization is valid for 90 days from the date of signature. | | |
| 1. | I understand that information about my case is confidential and may be protected by federal and state law. I understand that once disclosed, this information will be re-disclosed only to those involved in the adjudication of my claim and that the information may or may not be protected under state and federal privacy regulations once so re-disclosed. | | |
| 2. | I may revoke this authorization at any time, in writing, to Panel of Consultants; however, I understand that such cancellation will not affect any use of information that was re-disclosed before cancellation. | | |
| 3. | I understand that Panel of Consultants is not providing me medical treatment, but only evaluation for a third party. | | |
| 4. | I understand I have access at any time to my medical records from the entity referring me today for evaluation, including information collected by Panel of Consultants. | | |
| 5. | I understand that I must request the information covered under this release, and the evaluation report(s) from the referring entity and not Panel of Consultants. | | |
| 6. | \boldsymbol{I} understand what this agreement means and \boldsymbol{I} am satisfied with explanations \boldsymbol{I} may have requested and received. | | |
| 7. | I certify that I have been provided a copy of this signed authorization, if requested. | | |
| Patien | t Signature: Date: | | |
| | OR | | |
| Patier | nt Representative Signature: | | |

Nature of Authority: ______ Date: _____